

TCM Lymphatic Therapy Skin and Beauty - Part 1

This in-person course will provide a clinically oriented framework for understanding and applying TCM lymphatic therapy for skin health and facial rejuvenation.

This Module explains what TCM lymphatic therapy is and why it can be clinically useful: By integrating TCM theories of San Jiao, Ying Qi, Wei Qi, Blood, Yin-ye, Dampness, Phlegm, and Blood Stasis with relevant lymphatic anatomy, fluid physiology, skin function, autonomic regulation, and inflammation. Participants will learn to identify patterns of impaired fluid movement and stagnation, recognize appropriate clinical indications, screen contraindications and red flags, and formulate effective treatment strategies.

SCHEDULE

10:00 - 11:00 Lymphatic system relations to skin health, inflammation, edema, tissue recovery, and facial appearance

11:00 - 12:30 Important parallels and differences between lymphatic physiology and TCM concepts of San Jiao, Ying-Wei, Qi-Blood, Yin-Ye, Dampness, Phlegm and Blood Stasis

12:30 - 1:00 Lunch

1:00 - 2:30 Identify appropriate indications, contraindications, precautions, and red flags for TCM lymphatic therapy. When treatment should be modified, postponed or referred

2:30 - 4:30 Perform a focused patient assessment, and develop a pattern-based treatment plan

CEU Credits can only be awarded for full attendance.

Dr. Yue-ying Li

Date/Time: Sunday, September 20th
10:00 a.m. to 4:30 p.m.

Location: R.B. Swim and Tennis Club,
@ 16955 Bernardo Oaks Drive,
SD, CA 92128-2166

Attend in person

Please bring your own lunch

ABOUT THE SPEAKER

Dr. Yue-ying Li earned both her medical degree and Chinese Medical education and training in China by 1983. She then completed an advanced dermatology specialty training in China, under two of China's leading dermatologists. She then left China to practice for nearly two years in a dermatology clinic in London, England.

Dr. Li continues to successfully treat a variety of skin conditions (acne, eczema, psoriasis, dermatitis, warts, herpes, and alopecia) by using traditional herbs and acupuncture.

In addition to her practice, Dr. Li has always loved teaching Chinese Medicine; and has taught for 34 years in China, the UK, and now in the U.S. She is currently a clinic supervisor and faculty member at Yo San University, where she teaches a variety of graduate level courses.

Dr. Li is passionate about working with classical formulas, such as those from Shang Han Lun, which have been around for over 1,800 years. "There is good reason why these formulas have been used for such a long time -- they work!"

Please JOIN US with Dr. Li for a GREAT CLASS!!

SEMINAR SCHEDULE

For 2026

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

#4: September 20th,

{Note: Forthcoming Seminars
and dates still to be
determined}

PLEASE VISIT OUR WEBSITE

www.caam-sd.org

SEMINAR FEES:

- One-Year Membership Fee: \$250.00

Our Membership Fee is \$400. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. [Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]

- Single Seminar Fee: \$100.00

S.D. (Local Chapter) CAAM Board Members and Contact Information:

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