

**TOPIC:**  
**TCM Treatment of  
Overweight & Obesity**

This course covers the Chinese way to “Jian Fei”, literally translated as ‘losing fat’. The course will cover why people gain weight from both the Western and TCM perspectives. The TCM classification of “Jian Fei” will be introduced with acupuncture treatment and herbal formulas. The prohibited use of the herb Ma Huang will be discussed. The different type of protocols suitable for different types of people will be an add-on to the TCM treatment.

**SCHEDULE**

*Note: Due to teaching-schedule obligations, Dr. Lo is unable to begin this class at our usual time of 10:00...instead we are starting at 12:00 noon. Thanks for understanding.*

12:00 - 2:00 Why people gain weight will be discussed. This will be from Western and TCM perspectives. Discussion of “Jian Fei” concept.

2:00 - 4:00 Etiology and pathogenic factors of “Jian Fei”, as well as treatment protocols. Discussion of Ma Huang porhibition.

4:00 - 6:00 Additional TCM protocols for different types of patients, for increased efficacy. With case studies.

**CEU Credits can only be awarded for full attendance.**

**Dr. Zee Lo, L. Ac.**

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*Date/Time: Sunday, December 6th  
12:00 noon to 6:00 p.m.*

**Zoom Seminar!**

*Please go to our Website*

*[www.caam-sd.org](http://www.caam-sd.org)  
for registration and attendance  
details!*

**ABOUT THE SPEAKER**

**Dr. Zee Lo, L.Ac., O.M.D., Ph.D.**

Dr. Zee Lo has been in private practice in California since 1987; having graduated from Emperor’s College of TCM in 1986, and obtained further degrees from SAMRA (1989) and South Baylo (1991).

Dr. Lo is the author of a comprehensive text, “Traumatology as Treated by TCM”. He is a practitioner & teacher of post-trauma care, and anti-aging and rejuvenation by TCM.

Dr. Lo is currently teaching for the TCM Online University, LLC Live and Online Instructor. From 2012-14, he was an NCCAOM National Acupuncture Board PDA advisor. Dr. Lo was also instructor for UCLA Medical Acupuncture for Physicians in 1996; and a CA State Acupuncture tutorial supervisor, 1998 to 2005.

**Please join us for this useful and informative seminar, with Dr. Zee Lo!**

**SEMINAR SCHEDULE**

**For 2020**

- FIVE SEMINARS •
- 6 CEU’S PER SEMINAR •

**#5: December 6th**

**PLEASE NOTE:**

**We have transitioned from ‘paper to digital’!!!**

*If you have not already done so, please register your contact details [e.g. your email] on our website {caam-sd.org}. You will then receive our upcoming seminar details digitally.*

**SEMINAR FEES:**

- **One-Year Membership Fee: \$100.00**  
Our Membership Fee is \$300. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**

- **Single Seminar Fee: \$85.00**
- **Single Student Seminar Fee: \$50.00**
- **Student Membership Fee: \$150.00**

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