

TOPIC:

New Concepts in Immunology: Uncovering our 'Blind Spots' in Restoring a Failing Immune System

We are watching a story unfolding about how fragile and chaotic our immune system has become, particularly in face of ongoing and more serious and frequent viral and bacterial infections. As an internist and a researcher in medical science, with working and living experience in both the US and China for the past 33 years, Dr. Lu has developed some useful observations and insights, combining the wisdom of the East and the science of the West. By sharing the growing research with avid learners and practitioners in both Chinese medicine as well as conventional western medicine, we will be able to truly support practice of integrative medicine and help more patients. By the end of this Course, practitioners will be able to start helping their patients the very next day through a brand new immune system strategy, via nutritional detoxification, immune modulation and balance, and stress support system.

SCHEDULE

10:00 - 11:30 Review of the immune system: The normal healthy response to a virus
11:30 - 12:30 The special features of Covid19 and the unique response pattern that leads to multi system symptoms
12:30 - 1:00 Lunch
1:00 - 2:00 Issues of immunotoxicity and why unplanned detoxification can lead to further immune imbalance & dysfunction
2:00 - 3:30 The issues of immunosenescence challenging people at various vulnerable ages
3:30 - 4:30 The key steps to rescue immediate challenges and the basic steps to build a resilient and balanced immune system beyond Covid19

Dr. Shanhong Lu, MD

**Date/Time: Sunday, September 20th
10:00 a.m. to 4:30 p.m.**

Zoom Seminar!

Please go to our Website

www.caam-sd.org
*for registration and attendance
details!*

ABOUT THE SPEAKER

Dr. Shanhong Lu, MD, PhD

Dr. Lu completed her MD in Beijing, a PhD in human physiology at the Medical College of Wisconsin, and a postdoctoral fellowship in Genetics of Hypertension at UC San Francisco. Dr. Lu is a published author in hypertension research and a public speaker for environmental health and sustainable health care. She is double board certified in Internal Medicine and in Anti-Aging and Regenerative Medicine. She also strongly believes in optimizing women's hormones through biorhythmic bioidentical dosing. Her interest in the root causes of chronic diseases was inspired by her trials and errors in healing not only her own endocrine and autoimmune challenges, but also through caring for thousands of people with serious, complex medical issues.

Please join us for this unique and important seminar with Dr. Lu !!!

SEMINAR SCHEDULE

For 2020

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

**#4: September 20th
(#5: November 15)**

PLEASE NOTE:

**We are going from
'paper to digital'!!!**

Please register your contact details [e.g. your email] on our website {caam-sd.org}. You will then receive our upcoming seminar details digitally. Please help us transition to this more eco-friendly format!

SEMINAR FEES:

- **One-Year Membership Fee: \$150.00**
Our Membership Fee is \$300. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**
- **Single Seminar Fee: \$85.00**
- **Single Student Seminar Fee: \$50.00**
- **Student Membership Fee: \$150.00**

S.D. {Local Chapter}CAAM Board Members and Contact Information:

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